The Biden-Harris Administration has invested nearly $1 billion into the 988 Lifeline, strengthening and expanding the state, territory, and tribal crisis care response system.

Since July 2022:

The 988 Lifeline has answered nearly 5 million contacts — nearly 2 million more than the previous 12 months.

More contacts have been answered.

TEXTS: ↑1135%  CHATS: ↑141%  CALLS: ↑46%

The average speed to answer decreased from 2 minutes 39 seconds to 41 seconds.

There are more than 200+ local and state-run call centers with crisis counselors supporting people in need, sharing resources and making community connections.

Expanding Lifesaving Services

- Added Spanish text and chat services, expanding upon the existing Spanish call specialized service.
- Added specialized services for LGBTQI+ youth and young adults.
- In the coming months, developing video phone services to better serve deaf and hard of hearing individuals.

Anyone can call or text 988 or chat 988lifeline.org. To reach 988 specialized services:

1. PRESS 1 to reach the Veterans Crisis Line, text 988 (or 838255 directly), or chat 988Lifeline.org.
2. PRESS 2 to reach Spanish speaking counselors, text “AYUDA” to 988, or chat linea988.org or 988Lifeline.org.
3. PRESS 3 to reach counselors trained to meet LGBTQI+ youth needs, text 988 and answer Y, or chat 988Lifeline.org.

Need Support Now?

If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988Lifeline.org.