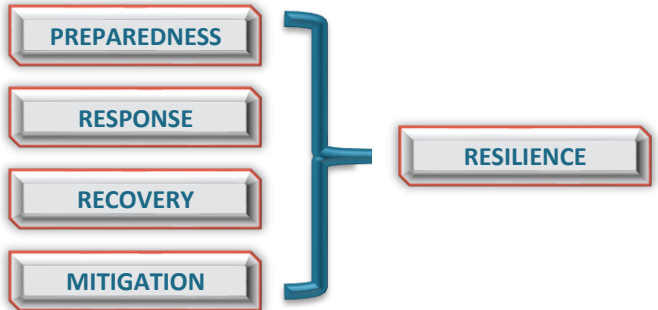


SAMHSA's Center for Mental Health Services (CMHS), Division of Trauma and Disaster Behavioral Health (DTDBH) provides disaster behavioral health (DBH) support through disaster [preparedness](#), [response](#), [recovery](#), and [mitigation](#) of disasters focused on resilience building across all components.

The DTDBH provides disaster behavioral health expertise, coordination, technical assistance, trainings, toolkits, grants and other resources that support state, local, tribal, territorial, federal partners and other stakeholders (e.g., communities, grantees) as they prepare for, respond to, recover from and mitigate the behavioral health effects of natural and human caused disasters and emergencies. The DTDBH manages DBH and trauma-focused programs as listed below.

Please email SAMHSA-DBH@samhsa.hhs.gov for DBH related questions.

SAMHSA defines **disaster behavioral health (DBH)** as the understanding and provision of mental, emotional, and substance use services and interventions for persons and communities impacted by disasters. DBH encompasses the delivery of behavioral health and stress management interventions to address and promote mental health, reduce substance misuse, and foster resilience and recovery.



SAMHSA's Trauma and Disaster Behavioral Health Programs

Crisis Counseling Assistance and Training Program (CCP)

[CCP](#) is a short-term disaster relief grant for states, U.S. territories, and federally recognized tribes. CCP grants are awarded after a presidential disaster declaration. CCP funding supports community-based outreach, counseling, and other mental health services to survivors of natural and human-caused disasters. FEMA funds and implements the CCP as a supplemental assistance program to support mental health assistance and training activities in presidentially declared major disaster areas.

Through an interagency agreement, SAMHSA works with FEMA to provide technical assistance, consultation, and training for state and local mental health personnel. SAMHSA also is responsible for CCP grant management and program oversight.

Disaster Technical Assistance Center (DTAC)

[DTAC](#) assists states, territories, tribes, local entities and grantees with all-hazards focused technical assistance and training to help them prepare for, respond to and recover from the mental health and substance use-related effects of disasters and traumatic events.

The [DTAC resources webpage](#) houses a wide array of publications, tip-sheets, trainings, toolkits and other resources, such as the [Disaster Behavioral Health Information Series \(DBHIS\)](#), pertinent to the DBH field.

For disaster technical assistance inquiries, email dtac@samhsa.hhs.gov.

SAMHSA Emergency Response Grants (SERG)

[SERG](#) program is a SAMHSA-wide grant opportunity, inclusive of mental health and substance use prevention, response, and recovery services, that authorizes SAMHSA to act immediately under emergency circumstances that create a behavioral health crisis, where the crisis overwhelms the behavioral health system or creates behavioral health service needs that do not fit existing behavioral health resources. SERG funds are "funds of last" resort and cannot supplant existing resources. For specific questions about SERG, e-mail SAMHSA-SERG@samhsa.hhs.gov.

Resiliency in Communities After Stress and Trauma (ReCAST)

[ReCAST](#) assists high-risk youth and families and promotes resilience and equity in communities that have recently faced civil unrest through implementation of evidence-based violence prevention, and community youth engagement programs, as well as linkages to trauma-informed behavioral health services.

The goal of the ReCAST Program is for local community entities to work together in ways that lead to improved behavioral health, empowered community residents, reductions in trauma, and sustained community change.

Disaster Distress Helpline (DDH)

[DDH](#) is the first national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.

Call or text 1-800-985-5990. For Deaf and Hard of Hearing ASL Callers: text or call the DDH using your preferred Relay provider.

National Child Traumatic Stress Initiative (NCTSI)

[NCTSI](#) raises the standard of care and increase access to services for children, adolescents, and their families who experience or witness traumatic events. The NCTSI is comprised of programs organized into: Category I - The National Center for Child Traumatic Stress (NCCTS); Category II - Treatment and Service Adaptation (TSA) Centers; and Category III - Community Treatment and Service (CTS) Centers.

The [National Child Traumatic Stress Network \(NCTSN\)](#) includes the Category I, II, and III grantees, and any NCTSN affiliates. The NCTSN focuses on all child trauma, including child trauma due to disasters. Visit [NCTSN resources](#) for more information.